



**wushu central**<sup>®</sup>  
Martial Arts Academy

## DECEMBER 1, 2018 FRIENDSHIP TOURNAMENT

**DATE:** Saturday December 1, 2018

**TIME:** 5:00 PM - 7:00 PM

**LOCATION:** Wushu Central - 879 Coleman Ave, San Jose

**QUALIFIED COMPETITORS:** All Wushu Central Students

**COMPETITION EVENTS:** Little Heroes Forms, Wushu Kidz Forms, Future Starz Forms, Wushu Forms, and Horse Stance

Dear Students & Parents,

Come participate in the Wushu Central Friendship Tournament! This is the chance for all students to compete for fun and awards. Everybody wins a beautiful trophy!

We have two different competitions. You can compete in one or both!

- Horse Stance (all Wushu Central students)
- Forms (Little Heroes green belts and above, all Wushu Kidz, Future Starz, Wushu students)

The top students in each Forms category will also go head-to-head to vie for the title of Wushu Central Grand Champion!

This event is one of Wushu Central's highlights, a showcase for our best talents, an opportunity for recognition, and a fun event for all. I hope that you take this special opportunity and challenge yourself to compete. Competition is a way to improve ourselves and to make new friends. I look forward to seeing you here at the 2018 Wushu Central Friendship Tournament.

Sincerely,

*Sifu Chang*

**Early Bird Discount if you register by November 24**

# COMPETITION RULES AND GUIDELINES

## **Horse Stance Competition**

Competitors will stand with their back against a wall and adopt the horse stance position with a staff placed over their legs, and pads placed beneath. When the staff falls off the legs, or the competitor's upper back is no longer touching the wall, or the competitor touches the pads, time is called. Whichever competitor can remain in the horse stance the longest wins the event.

## **Little Heroes Forms**

Competitors will take turns performing their 18-Strike-Combination form to the best of their ability before a panel of judges. Green/Purple belts should demonstrate moves 1-6. Blue/Brown belts should demonstrate moves 1-12. Red/Black belts should demonstrate moves 1-18. Competitors will be judged based on memory, quality of stances, technical correctness, speed, and power. Competitors receive a numerical score representing their performance, and the competitor receiving the highest score wins.

## **Wushu Kidz Forms, Future Starz Forms and Wushu Forms**

Competitors will take turns performing their form to the best of their ability before a panel of judges. Competitors may select any form or part of a form which falls under the category they are competing under. Competitors will be judged based on memory, quality of stances, technical correctness, speed, power, and difficulty level. Competitors receive a numerical score representing their performance, and the competitor receiving the highest average score wins.

## **Grand Championship**

There are three Grand Champion trophies awarded to the best competitors. The Grand Champion is determined by allowing each gold medalist to perform their best form before the judges. The highest scoring competitor in each division wins the Grand Champion trophy.

## **Cancelation Policy**

Registration may be canceled and tournament fees refunded up and until midnight of November 24, 2018. Because trophies are purchased based on the number of registered competitors, after this deadline the Tournament Fee is non-refundable.

**Early Bird Discount if you register by November 24**



**WUSHU FRIENDSHIP  
TOURNAMENT  
DEC 1, 2018  
REGISTRATION FORM**

1

**STUDENT NAME:** \_\_\_\_\_ **AGE:** \_\_\_\_\_ **GENDER:** \_\_\_\_\_

2

**LEVEL: (check one)**

- \_\_\_ Little Heroes Green/Purple Belt
- \_\_\_ Little Heroes Blue/Brown Belt
- \_\_\_ Little Heroes Red/Black Belt
- \_\_\_ Wushu Kidz White Belt
- \_\_\_ Wushu Kidz Yellow Belt
- \_\_\_ Wushu Kidz Orange Belt
- \_\_\_ Future Starz Any Belt
- \_\_\_ Wushu White/Yellow/Orange Belt
- \_\_\_ Wushu Green/Purple/Blue/Brown Belt
- \_\_\_ Wushu Red/Conditional Black Belt
- \_\_\_ Wushu Black Belt

3

**HORSE STANCE COMPETITION**

If you wish to compete in the Horse Stance Competition, please select your age category.

Horse Stance:	___	Ages 3-4
	___	Ages 5-6
	___	Ages 7-8
	___	Ages 9-10
	___	Ages 11+

4

**FORMS COMPETITION**

If you wish to compete in the Forms Competition, please select the event(s) you wish to compete in under the appropriate class category. Little Heroes and Wushu Kidz should select just one event below. Wushu Students may choose multiple events.

For Little Heroes:	___	Green/Purple Belts
	___	Blue/Brown Belts
	___	Red/Black Belts
For Wushu Kidz:	___	White Belts
	___	Yellow Belts
	___	Orange Belts
For Future Starz:	___	All Belts
For Wushu Students:	___	Empty Hand
	___	Short Weapon
	___	Long Weapon
	___	Special Hand Form
	___	Special Weapon Form

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